

tws

TWS PRO SLALOM TRAINING

protected by





TWS Pro Slalom & Foil Trainings season 2021

The 2020 edition of the TWS Pro Slalom Training season has been an experimental season. We were the first ones to try out the new Fin and Foil concept from the PWA on our slalom course. The outcome is that the wind limits have been massively improved. Proper racing is now possible from 6-7 knots on the course which means no loss of training days anymore. In 10-15 knots the Fin and Foil were able to compete together on the course which was interesting to see. Which discipline is faster in the midrange? Upcoming winter we are back with a new TWS Pro Slalom & Foil Training season. The 2021 TWS Pro Slalom & Foil Training season will be held from 04-01-2021 until 04-04-2021.

Rules regarding COVID19 during 2021 training season

Because of the always changing COVID-19 situation we, as a company, are obliged to follow the instructions of the Canarian government. At the moment this means the usage of mouth masks is obligatory in public spaces and the maximum capacity of people in the center is 6. These rules are changing from time to time and we follow up on them to avoid big fines and negative publicity. We will keep you updated about these rules/restrictions to avoid problems. When not following up the safety measurements we can expel you from participating in the trainings. To avoid the center from getting too busy we like to ask you if you can only enter the center for urgent reasons.

Slalom Fin and Foil

The waiting game is over. At the end of 2019 the PWA announced the new concept Fin and Foil for the future PWA events. This concept basically allows you to go either on fin or on foil on the same course which we also have seen on our training course during the 2020 Pro slalom training season. For now, there is still a sweet spot where the foil is faster, but with all the development going on in the foil world it will be a matter of time before the foils will be fully competitive with the fins. As soon as there are riders on foil a helmet will be mandatory.

iQFoil

The iQFoil has become rapidly popular due to the Olympic status and therefore we added this to our weekly training schedule so the riders can get ready for the upcoming iQFoil events. Whether you are dedicated to the iQFoil concept or want to combine it with the PWA fin and foil racing you can do it with us! We expect a pretty high level of riders joining the iQFoil trainings.

El Médano – South Bay

The south bay of El Médano offers choppy conditions, flat-water, nice wave conditions with strong and sometimes gusty winds. This combined with the nice and relaxed atmosphere in town, many restaurants and bars and our fully equipped windsurf center we are proud to offer you the most complete training package available.

Granadilla Harbor

During film shoots for promotional reasons we discovered a really nice flatwater spot a bit up north from the south bay of El Médano. During the 2018 season we tested this spot with a lot of good feedback from the riders and also some amazing drone footage.

Z-FINS TEST CENTER

All TWS Pro Slalom & Foil Training competitors will be able to make use of our Z-fins collection. During the training period Tenerife Windsurf Solution will have over 30 Z-fins available for you to try. In collaboration with Z-fins we are happy to offer you all kind of sizes and models for your small, medium and big board to order at reduced prices. Please note that in case of any damage on the outline of the fin or fin surface the competitors have to buy the fin for a discounted price.

FINISH FINS

Last summer Finish Fins came up with their new slalom model: First. Together with Jordy Vonk they developed this fin made out of special textreme carbon. This fin will lift the nose high enough to fly over the gnarliest of chop, keeping the trim of your board at all times and giving you the base you need to reach that important first mark first. A good slalom fin needs to perform in a wide range of conditions, which was the major design focus for this model. Downwind, upwind, change of direction; it can handle it all.

TWS Outletshop in Cabezo

In January 2020 we opened our outlet shop in cabezo. In this shop you will find everything from wetsuits, harnesses, clothing and of course everything you need for your windsurfing quiver. Also we have our WingFoil test centre located in the shop so if you are interested in trying our wingfoiling make sure you pass by the shop to get all the information you need to know. If you would like to stay updated about our outlet shop make sure you follow @tws.outletshop on instagram or facebook.

Repair shop

You went a bit too tight on the jibe mark and damaged your board? Pavle Dujic, who worked at Flikka Customs before, is running the TWS repair shop and he does all kind of pro repairs on boards and other repairs like boom regripping. So, you can go full throttle on the race course and if something gets damaged Pavle is the man to go to. Plus, we offer a high-end sail repair service as well, just give your sails to Pavle and he will sort it for you.



PARKING OF CARS IN THE RIGGING STREET

If you come with your own vehicle, we have to follow some rules to make life nice and easy for both you as rider and the local community. You are allowed to drive down the rigging street and unload the gear you need during the day but you need to do it before 09:30 am. Make sure you keep your equipment behind the streetlights on the left side looking up so the rest of the street is clear. After unloading your gear your vehicle has to be parked up on the street above since it is not allowed to park on the way to the beach. If your vehicle is parked during the day you will run the risk of getting a fine and a tow away and we might exclude you from the trainings as we cannot have the local community complaining about the vehicles.

COMMUNICATION

Communication of the TWS Pro Slalom Training will be done by using the Whatsapp group. The Whatsapp group is a platform exclusively for competitors to discuss all issues concerning the training with the organization. We ask you to check this group daily not to miss out on any useful information.

ENTRY TERMS AND PROCEDURE

Every competitor has to send an e-mail to Robin Koeleman (robin@tws-windsurf.com) with their expected training period (first and last day of training). Only after the confirmation e-mail your registration will be completed. Note that if you didn't send any exact date, we cannot schedule you in. To avoid trainings being too crowded we ask all riders to send out an email some months prior to your arrival! If you sign up before 15 October you get a 10% discount on the trainings and if you join for the month of January you will get an 10% discount on the month fee for January.

We have had some riders coming to Tenerife without letting us know but then we can't always guarantee a place, so if you know friends, team riders or others that would like to join the training, please inform them to send us an e-mail with their details. It's mandatory for every rider to fill in the entry form on location at the TWS center together with the payment in cash before heading out for your first training.

The address of the TWS center is:
Tenerife Windsurf Solution
Paseo de Nuestra Mercedes de Roja 56
38612 El Medano, Canarias, Spain
T +34-922179401 E info@tws-windsurf.com

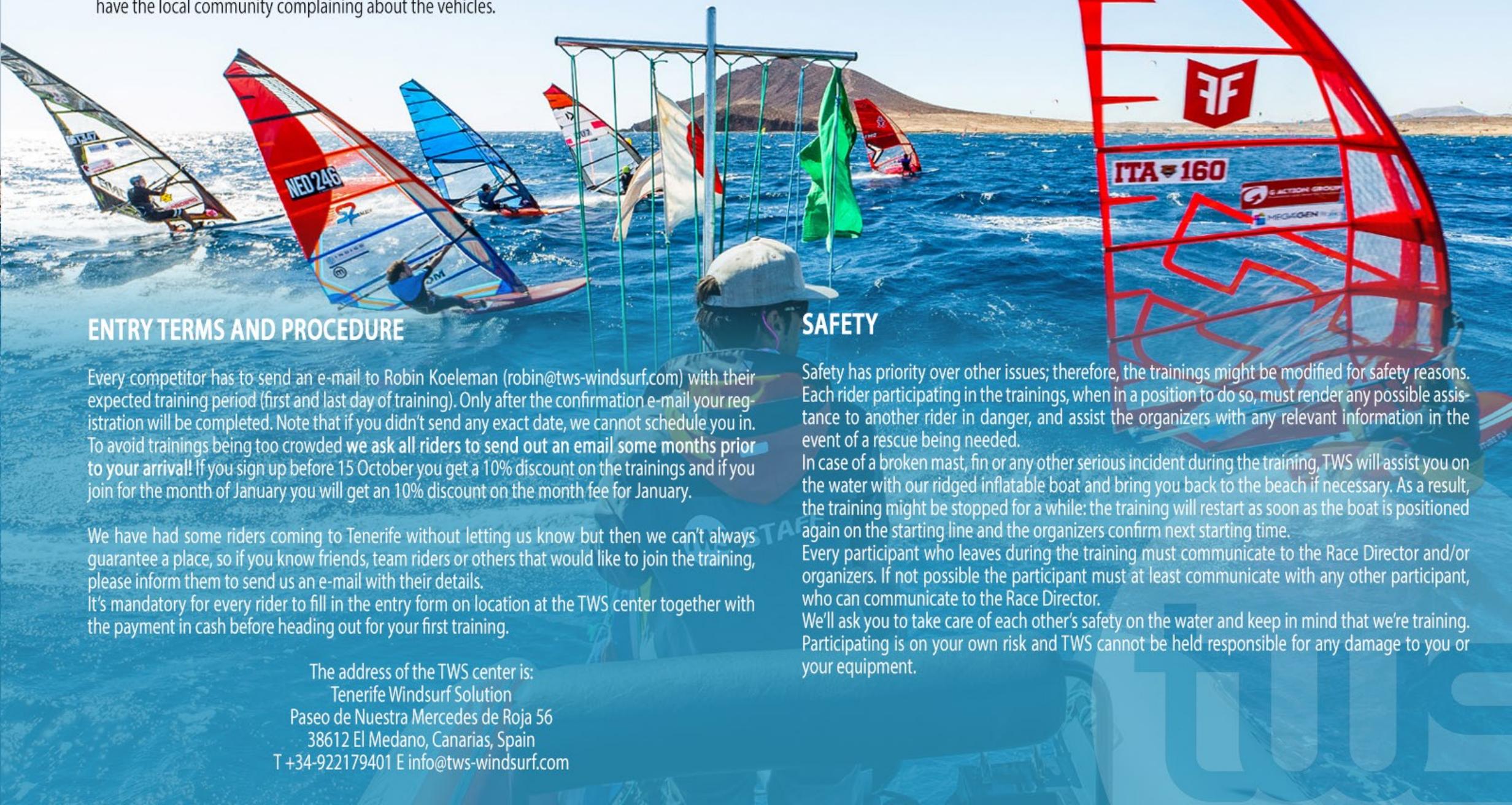
SAFETY

Safety has priority over other issues; therefore, the trainings might be modified for safety reasons. Each rider participating in the trainings, when in a position to do so, must render any possible assistance to another rider in danger, and assist the organizers with any relevant information in the event of a rescue being needed.

In case of a broken mast, fin or any other serious incident during the training, TWS will assist you on the water with our ridged inflatable boat and bring you back to the beach if necessary. As a result, the training might be stopped for a while: the training will restart as soon as the boat is positioned again on the starting line and the organizers confirm next starting time.

Every participant who leaves during the training must communicate to the Race Director and/or organizers. If not possible the participant must at least communicate with any other participant, who can communicate to the Race Director.

We'll ask you to take care of each other's safety on the water and keep in mind that we're training. Participating is on your own risk and TWS cannot be held responsible for any damage to you or your equipment.



PRICES

The TWS Pro Slalom Training fee's for 2021 are:

PERIOD	TRAINING	STORAGE
3 months:	€ 950,-	€ 299,-
2 months:	€ 690,-	€ 225,-
1 month:	€ 410,-	€ 125,-
3 weeks:	€ 350,-	€ 115,-
2 weeks:	€ 260,-	€ 85,-
1 week:	€ 150,-	€ 55,-
4 days card:	€ 200,-	
1 day:	€ 75,-	

All prices are in euros. Payments needs to be done in cash at the TWS Center before your first training. For those who sign up for the whole month of January you will get an extra 10% discount for the fee for January.



AIRPORT TRANSFER (ONLY TENERIFE SUR Airport, airport code TFS)

Airport Transfers for windsurf material can be arranged for 30 euro per rider, one way. If you are travelling without windsurf gear, we recommend you to take a taxi as it's only 12-15 euro from the airport to the El Médano bay.

If you want an airport transfer we ask you to send all your flight details and phone number to robin@twswindsurf.com at least 5 days in advance so we have time to organize the transfer. The day before arrival you'll receive a detailed e-mail with the pick-up location.

We do not offer transfers from the Tenerife North Airport (airport code TFN) so please book your flight to the Reina Sofia Airport in the South, airport code TFS

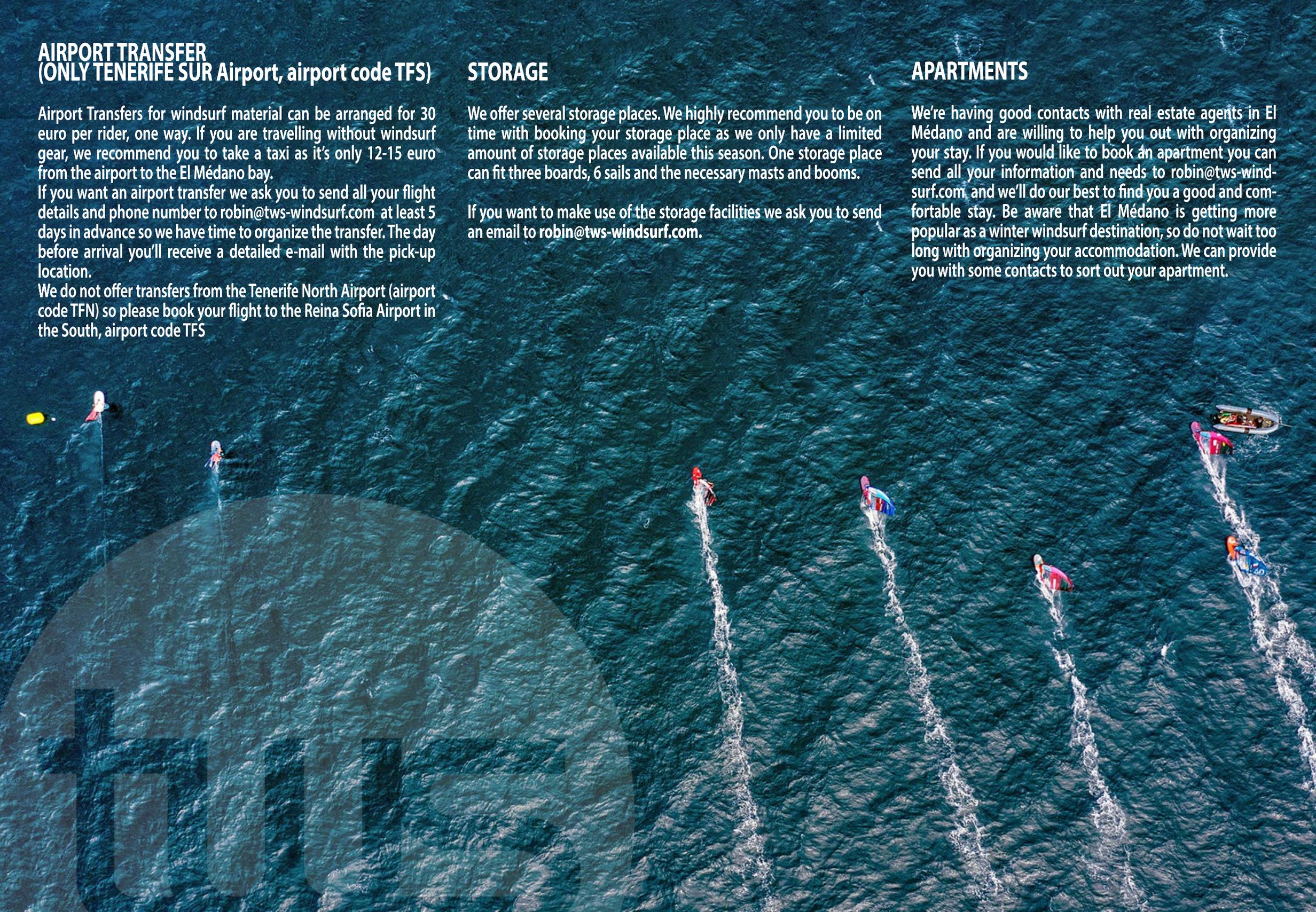
STORAGE

We offer several storage places. We highly recommend you to be on time with booking your storage place as we only have a limited amount of storage places available this season. One storage place can fit three boards, 6 sails and the necessary masts and booms.

If you want to make use of the storage facilities we ask you to send an email to robin@twswindsurf.com.

APARTMENTS

We're having good contacts with real estate agents in El Médano and are willing to help you out with organizing your stay. If you would like to book an apartment you can send all your information and needs to robin@twswindsurf.com and we'll do our best to find you a good and comfortable stay. Be aware that El Médano is getting more popular as a winter windsurf destination, so do not wait too long with organizing your accommodation. We can provide you with some contacts to sort out your apartment.



TRAINING TERMS AND RULES

A regular week of training contains between 2 and 4 training days depending the conditions. Every start of the week we'll announce the expected racing days, at 20:00 the night before the training will be confirmed or cancelled via the WhatsApp group. We're always aiming to do 4 trainings days a week.

- TRAINING DAY:

A regular training day on our 4 jibe + finish down wind race course holds has the following schedule:

RACE TRAINING	
5 races back to back	
	30 minutes break*
5 races back to back	
	60 minutes break*
5 races back to back	

*duration of break can be changed

On the days we are racing both Slalom and IQ foil we will try to conduct 3 sessions of 5 races back to back for every discipline. In this case the schedule will be as followed:

Slalom – IQ foil – Slalom – Break – IQ foil – Slalom – IQ foil

We can also decide to change the order to start with IQ foil and then follow up with Slalom.

- GROUPS

In case of less than 12 competitors attending a training, competitors will race and train in one group. In case of more than 12 competitors per stint the competitors will be divided in two groups, group 1 and group 2. In case of 25 riders and more the competitors will be divided in three groups. At the TWS Centre there will be a daily elimination sheet where you can find your group. After every sequence of five races we make new groups. The last three riders of group one will go to group two and the first three of group two will advance to group one. Keep it fair and don't lie about your result's. .

- STARTING PROCEDURE:

The starting procedure will be the same as the PWA starting procedure, so a 4 minute sequence:

4 min.	Red Flag Up
3 min.	Red Flag Down
2 min.	Yellow Flag Up
1 min.	Yellow Flag Down
Start	Green Flag Up

On the boat will be signaled (visual with 1 or 2) which group is about to start.



- OVER EARLY:

A general recall will be made in case somebody goes over early. At the boat the person will be called over early and needs to skip the re-sail of the race, just like a real race. In the general recall you'll have 1 minute less than the normal starting sequence. ATTENTION: Two general recalls in a row counts as one race! So after the second general recall we either move on to the next group that races or start a new race. In case you're over early in the second try you'll miss that upcoming race.

- BE ON TIME

We expect the competitors to be on time for the races. In case a rider misses the first race the competitor will not be allowed to do that 5 back to back races. We ask you to respect this rule and not refuse orders of the Race Director. Exceptions can be made in case of material breakage, we hope we can trust riders and expect them not to make disabuse of this exception.

- TRAINING FORMATS

Beside regular racing we can decide to do more specific training. Any suggestions are always welcome and we're open for any kind of training to make you better.

- ANALYSIS

All starts will be filmed and also jibes or full races can be recorded. We'll like to organize video analyze sessions to extend our training facilities off the water. If you can't make it to join the video analyze session you can also find the starts in a special dropbox folder. We will share the link when you register yourself in the center.

- NOTICE BOARD

A notice board will be placed at the TWS center, information about the training that day, groups or any notes can be found there if not already communicated via Whatsapp.

TRAINING SCHEDULE

Every week we aim to conduct 4 training days. Every week a schedule will be made based on the latest wind forecast. In a perfect situation Monday, Tuesday, Thursday and Friday will be the training days. The official and final decisions can be found in the WhatsApp group.

Every training day the first start will be at 11:00, in case the starting time will be postponed the Race Director will let the competitors know by using the WhatsApp group.

SUITABLE CONDITIONS

The Race Director will make the decision if conditions are suitable for training. The compatibility of air density, wind speed, wind direction, wave size, currents, weather and temperature will be considered when determining suitable conditions for training.

MEDIA

Professional pictures and videos will be made during the trainings and published on our Facebook page for promotion www.facebook.com/ProSlalomTraining. Publications of footage is free to use for all riders taking part in the trainings with the associated copyright tag which can be asked at the TWS staff. (©TWS/photographer).

Private photo/video sessions can be arranged with Bartek Jankowski/7pixels.





CREW AND INFORMATION



Guillermo Fernandez Mendez is the Race Director of the TWS Pro Slalom Training. Guillermo will be responsible for the training on the water and the organization of the video analysis. Guillermo can be contacted via the Whatsapp group, during video analysis or by email: guille@tws-windsurf.com



Robin Koeleman is the product manager of the TWS Pro Slalom Training. Robin will be responsible for your registration and will help you out with all your needs for a stay in El Medano. You can contact Robin via the Whatsapp group or by email: robin@tws-windsurf.com



Jordy Vonk (Ned-69) will be spokesman for race- and training related issues and will communicate closely with Guillermo and Robin. Robin takes over his administrative and logistic tasks.



Matteo Iachino will be advising on the Foil race and IQFoil trainings and as a member of the TWS Pro Slalom Team he will be with us all winter to give you a hard time on the course :)



Pavle Dujic is running the TWS repairshop for your boards, booms and sails repairs.

If you have any questions, suggestions or like to book your training. Please send an email to robin@tws-windsurf.com

We are looking forward having you training and racing with us this winter in Tenerife!

